# SOLUTIONS OHUNGER



# Dear Friends,

Amid the distinct fatigue created by the chronic uncertainty and sustained crisis that we are collectively enduring, purpose, and belief in the power of community, offer hope.

All of us could have been overwhelmed by the current situation. Instead, this community, which I am proud to be part of, took action to create change. Change that has proven to reduce food insecurity—and that I am determined to see remain in effect, long after the pandemic is over.

I am inspired by the empathy and dedication you bring to our shared fight against hunger. Driven by your generosity in fiscal year 2021, Project Bread has been a constant source of support for individuals and families living without enough to eat in the face of this crisis.

Though some would like to believe the most troubling days of the pandemic are

behind us, recovery is a long road yet to be traveled, especially for people of color who have continued to be disproportionately impacted by food insecurity. We will not stand to allow Massachusetts to regress, or to leave people behind in our recovery plan and policies—to slip back into being comfortable with 8% of its residents living with the worry of being unable to afford enough to eat. We have the opportunity to learn and grow from tragedy, and emerge with more equitable systems.

During the pandemic, SNAP and school meals—which we center our strategy around—proved to be the biggest supports for families. This validation pushed us even harder to lead on policy solutions to make

these programs more accessible, promote them extensively through multi-channel awareness campaigns, and help individuals access them through compassionate direct service.

Together, we've proven this year that,

the most impactful solution to address hunger. Federal nutrition programs work—you'll see this throughout this report. As we continue to navigate through a global pandemic, we need to center equity, better understand barriers, and improve our systems so every person can meet their basic needs and have an equitable opportunity to lead a healthy life.

Dedicated supporters like you are the

reason we can change the systems in our Commonwealth to better lives—and our shared future. We value your unwavering commitment to ensuring our neighbors facing hunger have equitable access to food. We are aware that there is much work ahead, but with you as our partner, we can realize our mission to solve hunger—permanently.

Wishing you good health and a resilient spirit in the year to come.

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Erin McAleer,
President & CEO, Project Bread

Project Bread

It took the scale of the COVID hunger crisis to enact some of the big, bold policy that Project Bread has been advocating for, for years.

# Your investment in Project Bread is feeding families today—and tomorrow.

To rapidly get food—and financial aid for food—to individuals and families facing hunger, Project Bread called for swift political action.

Our calls were heard, and temporary policies were enacted that broke down barriers during the crisis to help people access and afford food. Food insecurity decreased, proving these policies can solve hunger.

You were an advocate to help people in crisis.

While you helped hundreds of thousands of individuals and families this year meet their most basic need—food—you are also working to make temporary policies that effectively broke down barriers to food access permanent.

One thing we have learned during the tragedy of the COVID-19 pandemic is that we definitively have the solutions that can end hunger... if we can be bold enough to enact them. **You embolden us.** 

THE RESULT

# Food insecurity sharply decreased.

Evidence that the solutions Project
Bread leads on—federal nutrition
programs capable of providing a
statewide safety net against food
insecurity—can *and will* solve hunger.

# Families issued Child Tax Credit

Guaranteeing income for households with children, an estimated 70% of households in MA that received the Child Tax Credit in July spent the payment on food, rent, utilities, or debt.

# Universal school meals continued

All students were eligible for free school meals, regardless of household income.

# Low-income families received Pandemic EBT (P-EBT)

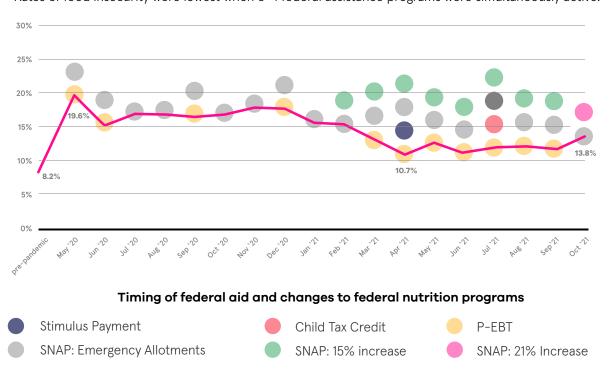
During remote learning, families eligible for free or reduced-price school meals received P-EBT benefits to boost their food budget, which extended into summer.

# SNAP got a boost

All recipients received the maximum household benefit, overall benefit levels increased 15%, and eligibility requirements were expanded.

### FEDERAL ASSISTANCE REDUCED FOOD INSECURITY DURING THE PANDEMIC

Rates of food insecurity were lowest when 3-4 federal assistance programs were simultaneously active.



Source: Census Bureau Household Pulse Survey

**INCREASING ACCESS TO SNAP** 

# YOU BOOSTED HOUSEHOLD FOOD BUDGETS

While informing policy that enabled more people to enroll in SNAP and receive higher benefit amounts, helping more people afford food with dignity.

Research summary of existing barriers and the role race and ethnicity play in the experience of Boston households accessing and utilizing the Supplemental Nutrition Assistance Program.

July 2021

# You funded research to dismantle barriers to SNAP

Released August 2021, these timely findings have informed our policy recommendations throughout the pandemic—and our own approach—to dismantle barriers that persist for those eligible but not enrolled, that may contribute to SNAP's underutilization.

### **IDENTIFIED BARRIERS TO SNAP**

- 1. Lack of Awareness
- 2. Misinformation
- 3. Stigma
- 4. Lack of Computer Access
- 5. Application Difficulties
- 6. Language

While the surge in food insecurity caused by the COVID-19 pandemic has impacted residents of all backgrounds, it has disproportionately impacted Black, Latino/a, and multi-racial households, representing the continuation of a trend that predates the pandemic. As the pandemic persists through a second full year, these households are recovering significantly slower than white households.

Over the last year, 29.5% of Black households with children and 26.9% Latino/a households with children were food insecure, as compared to 12.1% of white households with children.

SNAP—The Supplemental Nutrition Assistance Program—is the #1 food assistance program helping households during the pandemic. Your support made it possible to release research identifying inequities in access to SNAP, launch our research and data department to analyze food insecurity trends—using it to influence and shape public policy to remove barriers to SNAP—and provide statewide resources that increase equity in food access.

# OUR RESEARCH INFORMED OUR APPROACH TO ELIMINATE SNAP BARRIERS

# **\$1** million invested

in state-wide multi-lingual, public awareness & outreach campaigns to address misinformation, normalize needing help, and reach potentially eligible households.

You launched our data & research team.

# **×** 20 SNAP trainings

to schools, state agencies, and health centers to promote SNAP and Project Bread's FoodSource Hotline.

# Responded to 17,543 food assistance calls

through our state-wide FoodSource Hotline that can support callers in 180 languages.

- 4,562 callers were assisted in a non-English language.
- ★ 4,394 households screened for SNAP

a 33% increase from 2 years ago.



### **CONNECTING HOUSEHOLDS TO SNAP**

Stephanie had been struggling to find work ever since she was laid off due to the pandemic. She worried constantly about having enough money to buy food for her daughter. She had been trying to get help but was feeling overwhelmed by all the information out there, until a postcard arrived in her mail that said "Can't afford enough food? Find out if you are eligible for SNAP." She called the number on the back; it was to Project Bread's FoodSource Hotline. When our counselor answered her call, the concern she heard in Stephanie's voice was unmistakable.

We screened her for SNAP. She was eligible! We helped Stephanie apply online while staying on the phone, and told her about free school meals her daughter's school was providing.

"I didn't know anything about SNAP before this call. I'm most worried about my daughter, who just turned seven," she shared. "Now I'm relieved that we will at least be able to afford our groceries."

# You're normalizing needing help through outreach & awareness.

The support of donors like you made it possible to significantly ramp up SNAP outreach to potentially eligible households, including mailing 900,000 postcards to homes, like the one that prompted Stephanie to call us.

As a result of our cumulative awareness and outreach campaigns, we responded to more than 17,500 requests for help through our FoodSource Hotline—connecting households to SNAP, free meals for kids, pantries, meal programs, and more.





**OUTREACH IMPACT** 

65.2% increase in SNAP application assistance calls

in the months our awareness campaigns for SNAP were active.

FEEDING KIDS

# YOU'RE FEEDING KIDS TODAY

While fighting for a tomorrow where no child is hungry.





During closures and hybrid learning, you ensured households had continued access to free meals for kids. You took bold steps to fight for forward progress, and partnered with legislators to file a School Meals for All bill that would make universal school meals permanent. Through your support, we launched The Feed Kids Campaign! You've advocated for this policy change, calling your legislators and making your voice heard as champions of School Meals for All.

For families trying to make ends meet, free school and summer meals are a lifeline—the #2 food resource helping families feed their kids during the pandemic, right behind SNAP.



# You supported important policy changes to ensure kids were fed.

You are also taking steps to make these policy changes permanent, to prevent barriers to food access from going back up after these temporary waivers expire:

- 1. School meals have been free to every student-universal school meals.
- 2. School and summer meals were allowed to be offered to-go, and to be picked up by a caregiver for multiple days at a time.

- Children ate93,076,383 freeschool meals
- Children ate 7,540,077 free summer meals



**AN ESTIMATED** 

250,000

KIDS WILL GAIN ACCESS TO FREE SCHOOL MEALS IF SCHOOL MEALS FOR ALL LEGISLATION IS ENACTED.

WWW.FEEDKIDSMA.ORG



# NATIONAL ASSOCIATION OF SOCIAL WORKERS, MASSACHUSETTS CHAPTER, CALLS FOR SCHOOL MEALS FOR ALL

As a school social worker, Ashley Waterberg has witnessed the need for universal school meals in Massachusetts schools. Made possible by the waivers currently set to expire June 2022, every school district in Massachusetts is providing breakfast and lunch this year at no cost to any student. This means no application process, no questions asked by families about why they don't qualify, no stigma as students stand in line and choose what food to eat.

"But what will happen for schools across the state next year?" Ashley asked the Legislature, as she, along with 21 other cross-sector advocates, testified at the School Meals for All legislative hearing on January 4, 2022.

Working in schools, Ashley has at times assisted with lunch duty and witnessed the look on students' faces when handed a scribbled piece of paper with their lunch debt and are told to bring it home to their caregivers. This is heartwrenching for both the staff and the students. So many students already know the financial stresses of their families and now must carry this additional burden of school meal debt. Some may internalize this stress by choosing not to eat.

"I have seen the breakdown in family-school relationships that can occur when school personnel must question caregivers about their income in order to complete the application process for free or reduced lunch eligibility," Ashley shared. "We have the opportunity at this moment in Massachusetts to minimize the barrier of hunger and stigma and stress by making access to a hot meal available and accessible to all of our students."

2,200 advocacy messages sent to legislators

from our Action Team urging their support of School Meals for All legislation.

105 Feed KidsCoalition members& bipartisan support

of our School Meals for All legislation from more than half of the MA state legislature.



**POLICY IMPACT** 

# You gave more students access to school nutrition.

Through your support, Project Bread was instrumental in the passage of *An Act Promoting Student Nutrition*. The bill addresses both the root causes of unpaid meal debt as well as its impact on students and will give up to 10,000 more students access to free school meals.

No eleven-year-old should be caught between eating lunch and the ability of their family to pay for that lunch."

Michael Sabin, Principal of John W. McDevitt Middle School & Feed Kids Coalition member

# On the front line, you helped the helpers.

School nutrition professionals and summer meal providers faced extraordinary challenges this year to feed kids through the pandemic: school closures, to-go meal service, health & safety concerns, staffing shortages, and supply chain issues. Helping them to navigate each challenge and keep healthy meals coming for kids and families, was you!

Schools closed, but meals never stopped.

Your generosity gave resources, staffing, trainings, recipes, outreach materials, equipment, and expert assistance to front-line workers feeding kids.

Because of you, we were able to successfully adapt our services for meal providers to an online format. No longer limited by geography, we expanded our reach to new districts and organizations, sharing best practices for feeding kids in the pandemic even more broadly.



\$550,595 provided to partners

serving free meals to kids for staffing, equipment, meal packaging, & more.



"I cannot emphasize enough the importance of proper nutrition in child health. Every day, I see firsthand how the food we eat can either give us a longer, healthier life... or have debilitating long-term effects on our bodies."

Awab Ali Ibrahim, MD,
Pediatric Gastroenterology Fellow
at Mass General Hospital, newest
member of Project Bread's Board
of Directors



IMPROVING MEAL QUALITY IN CHILD NUTRITION PROGRAMS

Our commitment to ensuring meal quality, even during a pandemic, continued, and we supported schools through remote trainings.

9 online professional development courses

designed especially for school nutrition professionals, providing live and recorded courses.

673 ContinuingEducation Unit(CEU) hours

were earned by school nutrition professionals participating in our courses and trainings.

70 new healthy, kidapproved recipes

were created to address challenges being faced due to the pandemic: meal quality, menu fatigue, to-go service, product shortages, and supply chain challenges.

460 school nutrition professionals

participated in our online courses from 90 school districts and community organizations.



WWW.MEALS4KIDS.ORG

\$730,230 invested in outreach

to help families utilize free school and summer meals for pick-up during closures. **POLICY IMPACT** 

Feeding more kids: you made free grab & go summer meals available to all kids and teens.

You helped secure USDA waivers for free meals and helped 140 summer meal providers use them to feed more kids. Grab & go summer meals happened because of your support.



441 more locations provided free summer meals

July 2020 vs. 2019

★ Kids ate 65,593 more free meals

### FREE MEAL SITES FEEDING KIDS WERE A LIFELINE TO FAMILIES IN CRISIS

When unemployment, financial hardship, the pandemic, and other forces tried to keep Catherine down, the Milford mother of two always found a smile waiting for her when she arrived at school for meal pickup.

"It's incredible how life can change in an instant and you go to being in a position of struggling to make ends meet and needing help. I always try to help others in need and it's humbling to be on the other side now."

Catherine was always in awe at the staff, who would brave all types of weather year-round, to have meals prepared, packed, and ready for pick-up each day for her and other families in her town. Knowing her children would have a good meal each day was one less thing Catherine had to worry about.

**IMPROVING HEALTH** 

# YOU ARE REVOLUTIONIZING THE HEALTH CARE SYSTEM





Our health care partnerships program provides direct service to certain eligible\* MassHealth patients who are both food insecure and have a physical or behavioral health diagnosis.

Now in our second year, the groundbreaking program is demonstrating an improvement in both food security and health of participants.

# 650 patients reported they were food secure

after six-months of participating in the Flexible Services Program.



\* Flexible Services is not an entitlement program or a covered service, and not all MassHealth members will receive these specific supports.

### RELIEVING THE CHRONIC STRESS OF FOOD INSECURITY

For Estrella, this help came at the right time. People stopped going into their offices to work, so her work cleaning offices was cut short. Being out of work sent her into a depression, and affording something to eat became a daily struggle. Her doctor referred her to the Flexible Services Program with MassHealth, a referral that came to our Nutrition Services Team. "An exceptionally wonderful woman at Project Bread signed me up for SNAP. I had tried to in the past, but couldn't figure it out and always worried I would be taking food away from children." SNAP was only the start. For the next nine months, Estrella worked with our counselor to replace her pots and pans, which were old and rusty, and outfitted her kitchen with a new blender—an appliance she had never owned. She also received grocery store gift cards for the next nine months to purchase the nutritious foods she enjoys, and attended online healthy cooking classes. After participating in the program for six months, Estrella was food secure. "I have soups and vegetables I use for smoothies, I thank God for your program. I felt so incredibly supported."

## **YEAR 2: HEALTH CARE PARTNERSHIPS**

# More patients reported improved food security & health, resulting from the growth of our team and services.

- We grew our Accountable Care
   Organization (ACO) partnerships from 1
   to 3, adding Boston Children's Hospital
   ACO and Boston Medical Center ACO
   to our partners along with Community
   Care Cooperative (C3).
- We grew our Nutrition Services Team from 2 to 8 people.

- Patients served increased from 819 to 2,300.
- Participation in our medically-tailored cooking classes increased from 6 people per month to 40+.
- 2,068 patients received kitchen supplies and appliances, valuing \$355,088.
- 10,098 grocery store gift cards were provided to patients, valuing \$1,542,325.

DEEPENING COMMUNITY PARTNERSHIPS

# YOU ARE CREATING COMMUNITY CONNECTIONS

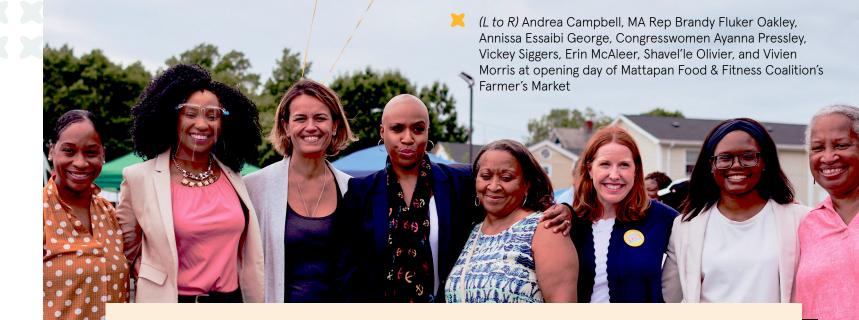
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Collaboration is essential to end hunger in Massachusetts. Addressing inequities that contribute to food insecurity is crucial to solving hunger. To lift up local solutions, we've formed strategic partnerships with lead local organizations in ten target cities where we know we can really move the needle on hunger.

\$341,000 invested in anti-hunger partners

in Brockton, East Boston, Everett, Holyoke, Lawrence, Lynn, Mattapan, Quincy, Randolph & Worcester.



### **COMMUNITY PARTNERSHIPS SPOTLIGHT: QUINCY**

With a population of more than 94,000, Quincy has the highest concentration of Asian American residents of any municipality in Massachusetts. Quincy also has disproportionate rates of poverty among all minority residents. Project Bread has partnered with a leading nonprofit in the Quincy area, Quincy Community Action Programs (QCAP), to reduce inequities and provide a wide range of culturally sensitive anti-poverty services to the community, including food security programs.

When the pandemic hit, QCAP began providing food deliveries to COVID-positive families and homebound seniors. One family, a Spanish-speaking household of nine with six adults, two middle-school-aged children, and one newborn baby, were in desperate need of food and supplies. All of the adults in the family were recently unemployed and one person had contracted COVID-19. The whole family was under quarantine.

"Food insecurity is not a new challenge for our low-income neighbors, but the long-term impact of the pandemic has made the situation worse, especially in immigrant communities and communities of color," says CEO of QCAP, Beth Ann Strollo. "QCAP and Project Bread have been partners in fighting food insecurity since the 1980s, and as a grantee of the new Community Partnership Program, QCAP has been able to create innovative solutions to help Quincy residents during this incredible time of need."

QCAP provided an intake for the family in Spanish over the phone and secured a food delivery with enough food to last their full quarantine that included nutritious fresh food, cleaning supplies, diapers, and learning activities for the children. In addition, QCAP staff helped secure rental assistance funds for this family, and connected them to QCAP's Head Start program.



### THE COMMONWEALTH

Our Massachusetts anti-hunger partners leveraged The Walk for Hunger to support our shared vision and raised funds for their own missions through The Commonwealth fundraising-share program.

- 28 anti-hunger partners formed teams.
- \$124,000 granted to their team's organizations.

THE WALK FOR HUNGER

# You continue to Walk alongside us to end the injustice of hunger.

The Walk for Hunger celebrated its 53rd year virtually for the 2nd year due to health concerns of the pandemic. That didn't stop the dedication of businesses, community groups, families, and more from forming teams and walking in their "pods" on the first Sunday in May, across the state—and across the country.

COMMUNITY IMPACT

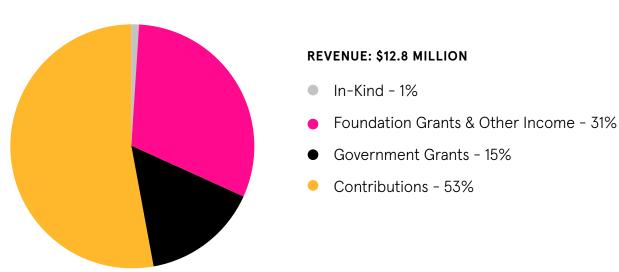
# \$1.3 million raised

by 1,545 participants and 241 teams, with participants fundraising virtually from 29 states.



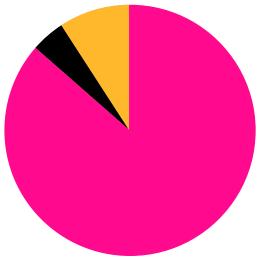
# **FINANCIALS**

Your generosity in Project Bread's fiscal year 2021 (10/1/20 – 9/31/21) is the reason people in Massachusetts living with the worry of having enough to eat, had a constant source of support this past year. The empathy and dedication you bring to our shared fight against hunger pushes us even harder to lead on policy solutions that will enable us to emerge from the tragedy of the pandemic with more equitable systems. For all that you do for others, thank you.



### **EXPENSES \$11.3 MILLION**

- Programs 85.6%
- General & Administrative 3.6%
- Fundraising & Development 10.8%



# RECOGNITION

# **PARTNERS**

# State-wide partners

MA Department of Elementary & Secondary Education (DESE)

MA Department of Transitional Assistance (DTA)

# Community Partners

Boys and Girls Club of Greater Holyoke

**Building Audacity** 

Central Assembly of God Food Pantry

Collaborative Parent Leadership
Action Network

Dismas House of Massachusetts

East Boston Neighborhood Health Center

Eastie Farm

El Buen Samaritano Food Program

**Everett Community Growers** 

The Food Project

The Food Share Table

Greater Boston Nazarene Compassionate Center

Let's Move Hampden

5210

Mattapan Food and Fitness Coalition

Quincy Community Action Programs

Regional Environmental Council

Salvation Army of Holyoke

Worcester Families
Feeding Families

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<sup>\*</sup>Does not include PPP loan forgiveness

# SUPPORTERS

**CORPORATE & FOUNDATIONS** 

\$200,000+

Anonymous

The Ansin Foundation

Share Our Strength

\$100,000 -\$199,999

The Klarman Family

Foundation

The Ruby W. and LaVon P. Linn Foundation

\$50,000 -\$99,999

Anonymous

Bay State Milling Company

City of Boston Resiliency

Fund

Eastern Bank

Hershey Family Foundation

Jonathan & Margot Davis, and The Davis Family Charitable Foundation

Quincy Mutual Fire Insurance Co.

Shipley Family Foundation

The Baupost Group, LLC

The Doe Family Foundation

Voices for Healthy
Kids, an initiative of
the American Heart
Association, with support
from the Robert Wood
Johnson Foundation

\$25,000 -\$49,999

Digital Federal Credit Union

**RSM Boston Foundation** 

The Gilson Family Foundation

\$10,000 -\$24,999

AARP

Alice Willard Dorr Foundation

Anonymous

Bain Capital Children's

Charity Ltd.

Brookline Bank

Cabot Family Charitable

Trust

Four Seasons Hotel One Dalton Street, Boston

Global Atlantic Financial

Company

GT Retail, Inc.-DBA Wines

& More, Mansfield

Highland Street

Foundation

IdentityForce - A Sontiq

Brand

Invest Partners, LLC.-DBA Wines & More, Walpole

Lawrence J. and Anne Rubenstein Charitable

Foundation

Leerink Partners Charitable

Gift Fund

Linde Family Foundation

Lovett-Woodsum Foundation, Inc.

National Grid USA Service

Company, Inc.

Peace Properties, INC.

Raytheon Technologies

Safety Insurance

State Street Corporation

The Irene E. & George A.

Davis Foundation

The Nathaniel and Elizabeth

P. Stevens Foundation

The Vertex Foundation

Webster Bank

Annual Report 2021 2

# In-Kind

98.5 The Sports Hub

105.7 WROR

**ROCK 92.9** 

HOT 96.9

Country 102.5

WHDH

### **INDIVIDUALS**

\$100,000+

Jason and Shannon Robins

Mr. Brent and Mrs. Rachel Dibner

\$50,000 -\$99,999

Cecile Higginson Murphy Charitable Foundation

Estate of James P. Furlong

Estate of Mr. Leo J. Robillard

Frieze Family Foundation

Mr. Chris McGrath

\$25,000 -\$49,999

Alice L. McDougall Fund

**Boston Society Of New** 

Jerusalem

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Epstein

Mr. Roger G. Reiser and Mrs.

Hannelore Reiser

Ms. Anita E. and Ms. Flora E.

D'Angio

Russell Colgate Fund

The Ali Family

The Paula's Gift Fund

The William and Lia G. Poorvu Family Foundation \$10,000 -\$24,999

Dr. David A. Roth and Dr. Marie B. Demay

Dr. Eric B. Rimm and Mrs. Allison C. Rimm

Dr. Stephen D. and Mrs. Margaret Senturia

Hoang Fund

John C. and Eunice B. Morrison Charitable

Foundation

**KBK Foundation** 

Laura Schneider

Lindeke Wolff Family

Foundation

Manzione Charitable Fund

Miles and Linda Hapgood

Mr. Derrick Ang

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Frieze

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Mr. Spencer P. Glendon and

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Kenneth Danila

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Rose M Ciccolo RVOC **Declaration of Trust** 

Stephen D. Senturia Charitable

Fund

Terrapin Station Foundation

The Jeffrey G. Naylor and Shawn E. Baker Charitable Fund

The McKay Family Charity Fund

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Within this unique moment in time, there is great tragedy, but also opportunity—the chance to emerge with more equitable systems. In the year ahead, join us in our bold effort to maintain and advance solutions that can permanently break the cycle of hunger.

